



In Partnership with Sequoia Nat'l Forest  
Location: 63410 Generals Hwy  
KCNP, CA 93633

Reservation Office:  
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# Montecito Sequoia

## High Sierra Family Vacation Camp

### Reservation Confirmation

Welcome to Montecito Sequoia's **Family Vacation Camp!** We have received your deposit and are delighted to confirm your reservation. Final balances are due May 1 and will be automatically charged to your credit card unless we hear from you. If there are any changes or corrections to the enclosed confirmation, please call the Los Altos Office at **800-227-9900**.

**Plan to arrive between 3:00 and 5:00 pm on Sunday** – Rooms are promised by 4:00 pm, but if they are not ready, we can get you started anyway! You will have time to take a tour of the activity areas and a quick swim to show us your "Lake Safety Swimming Ability". **Our buffet dinner is from 5:30 – 7:00 pm.** At **7:15 pm**, we offer activities for the children in various age groups: **Minnows, Tadpoles, Chipmunks, Marmots, Bobcats, Cougars, Bears** and a **Welcome for the adults.** Activities will end with a sing-a-long campfire.

**Checking In:** Upon arrival, you will be welcomed at our Outdoor Greeting Table. Next, please proceed to the Front Desk for check-in and room or cabin assignment. At the front desk, you will be asked for your completed **Health Form** and **Acknowledgement of Risk Form**, signed by each member of your party.

**Theme Night:** Each week, we feature a special festive **THEME NIGHT**. This event revolves around a special dinner, evening program, activities and dance related to the theme. We ask that you bring a simple **COSTUME** related to the theme of your week. The more costumes we have, the more **FUN** the evening will be.

**Coffee House:** During the week, we feature **Coffee House**. Join in the fun for an informal evening around the fireplace singing favorite songs, playing musical instruments, sharing jokes and short stories or poems.

**Variety Show:** Each week, we feature an **ALL-CAMP Variety Show**. We hope you'll take time this spring to "brush up on your act" to share **singing, dancing, musical instruments, magic or corny skits**. Acts are limited to 2 or 3 minutes on stage to provide time for everyone to share their talents.

**Parents with Tots:** Parents with children 6 to 23 months have a play-yard with toys and play things available. **We also have infant playpens for overnight sleeping, but most parents prefer to bring their own port-a-cribs.**

**Overnight Campouts:** Overnights are planned for **Marmots, Bobcats, Cougars, and Bears** during full week sessions. **All Children 7-17** must have a sleeping bag to participate in the overnight. **There are no overnights during Week 1.**

**Park Entrance Fee:** Everyone pays the Kings Canyon/Sequoia Nat'l Park's **\$20 per vehicle or \$30 (annual) "entrance fee"** upon entering the National Parks. Please leave your **PASS** on the dashboard for quick reference.

**Gasoline:** **Fill up with gas before heading up the mountain. The last stop is Squaw Valley, Clingan's Junction where there is a 24 hour credit card gas pump.**

**Location and Directions:** Montecito Sequoia Lodge is located at 63410 Generals Highway, 10 miles from the Kings Canyon entrance on Highway 180. We have learned that it is better to ignore your GPS instructions and travel to **Fresno on Highway 99** and then turn **EAST** on Highway 180.

Again, we **WELCOME YOU TO MONTECITO SEQUOIA'S FAMILY VACATION CAMP!** This is the Final Packet of information that is sent after we have received your second deposit. We want you to enjoy the various activities, our friendly staff and to experience **"THE BEST FAMILY VACATION YOU HAVE EVER HAD!"**

# Montecito Sequoia

## SOME THINGS TO REMEMBER

### Arrival and Departure:

**Check-in time is between 3:00 and 5:00 pm on Sunday and departure time is after breakfast and “Awards Pow Wow” on Saturday.** If you wish to arrive a little early, you are welcome, but rooms and cabins may not be ready until 4:00 or 5:00pm; however, we can get you started anyway. **Dinner is served from 5:30 to 7:00pm daily.** Following dinner each **Sunday at 7:15pm** there is an Adult Welcome describing the activities planned for the coming week and special activities for the children by age group: **Tadpoles, Chipmunks, Marmots, Bobcats, Cougars, and Bears.**

### General Information:

**Temperature:** At 7500' elevation, the temperature is usually the same for all three months; June, July, and August. Days are warm and sunny - between 70° - 85° and the nights cool and sometimes COLD 40° - 60°. At least once each month we have a cold snap or thunderstorm that usually lasts 3-4 days.

**Casual Dress:** Dress according to your own taste and preference; casual clothing is preferred. We do request that campers wear neat, clean pants for dinner in the evening and *shoes at all times.*

**Horseback Riding Attire:** Wear jeans or long pants and sturdy shoes preferably with a heel and laces.

**Hiking:** Wear jeans or long pants, heavy socks and sturdy shoes that are comfortable and not NEW! You may also need a water bottle - it's necessary to drink plenty of liquids - and a fanny pack to carry your lunch, if you plan to take all day hikes. T-shirts and a lightweight windbreaker are also good for hikes.

**Water-skiing:** Comfortable swimming attire, beach towel, and sturdy sandals. The lake is not as cold as you might think.

**Laundry:** Rough dry laundry service, operated by our staff, is available on **Wednesday** for a small extra charge. **Bring a large clear plastic bag and write your name on it with a sharpie pen in big letters.** Add your room or cabin number at camp.

**Alcohol:** Wine, beer, well drinks, and non-alcoholic beverages may be purchased at our Pine Box Bar. Any alcohol brought by guests may be enjoyed in their room; otherwise there is a **corkage fee** for alcohol brought into the dining and recreation areas.

**PLEASE LABEL EVERYTHING - A sharpie pen is the fastest way to accomplish this.**

### Mountain Top Shop:

The Mt. Top Shop has Montecito T-shirts, sweatshirts, sundries, etc. If you forget something, you should be able to purchase it here.

### General Articles to Bring (all guests):

Jeans or pants and shorts

Sport shirts, T-shirts, etc. (T-shirts may be purchased at camp)

Sweatshirts or sweaters - at least one extra warm one

Warm lined jacket for colder nights

Windbreaker for day hikes and warmer evenings

Bathing suit and swim cap (cap needed for persons with long hair)

Sandals or beach shoes (strap style preferred - no flip flops) for pool and water sports

Bathrobe and slippers

Shoes - Tennis or jogging for comfortable walking

Beach Towels - Extra bath and beach towels

Socks & Underwear - Bring plenty, and heavy socks for hiking

Personal Articles

**SLEEPING BAG REQUIRED** for ALL youth (7-17) for overnight trips to Baldy. NO Overnights for all Adventure Wks & Wk #1.

Bring Musical Instruments, jokes, songs and tricks...

## **Cozy Cabin Guests:**

**Use nearby bathhouses;** a minute or two walk

**Cabins are decorated** and have a king or queen size bed and two or three sets of deluxe bunks.

**We provide sheets, blankets, and bath towels.**

**Housekeeping** visits cabins and rooms for towel exchange, trash collection, upon request.

**Don't forget to bring:** Bathrobe and sturdy slippers

Beach towels for swimming pool, spa, and lakeside

Cosmetic Bag for toiletry items

## **All Lodge & Cabin Guests need to check this list:**

Flashlights 1 or 2

Camera & Film

Water Bottle for hikes

Bandana (for trail ride dust)

Shoebox for crafts projects

Cosmetic Bag for toilet articles

Theatrical Costumes

Musical Instrument

Table Games & Cards

Fishing Rod and Tackle

Tennis Racquet & Balls

Laundry Bag 1 or 2

Books for pleasure reading

Ground cover for overnights

Watch (inexpensive)

Variety Show props/costumes for skit or act

Hat, Cap or Visor

Plastic Poncho or Rain Gear

**Remember to bring your FAVORITE toiletries**

(we supply hand soap and facial tissues)

**THEME NIGHT CLOTHING - Costumes, hats and accessories for your weekly theme night!**

**Please leave valuables at home. We cannot be responsible for lost or misplaced clothing.**

**Items that are labeled find their way back to you faster.**

## **Infants and Small Children:**

Please bring port-a-cribs, toys, harness for 1 or 2 year olds (needed for safety around pool & lake), bottles, disposable diapers, etc. and everything needed for traveling with small children. We are in a secluded location and the nearest store where these items can be purchased is at least an hour away. Our kitchen offers central refrigeration where you may keep special formulas.

## **Required Items - All Guests in Lodge Rooms or Cabins:**

**Scheduled overnight & Hikes for teens & youth (7-17)** This activity is a popular event.

Note: There are NO Overnights scheduled during Week 1.

**Sleeping bags, water bottles or containers are required. Please do not leave home without Sleeping Bags!**

**The enclosed RISK and HEALTH FORMS are required for our accreditation. PLEASE COMPLETE, SIGN and PRESENT WHEN YOU CHECK IN. Please do not mail them to us.**

**PLEASE SAVE THIS PACKET**

**It contains valuable information that you will need!**

Total #Adults (18 & up)\_\_\_\_\_

Total #Children (0-17)\_\_\_\_\_

Family Name \_\_\_\_\_

Year: 20\_\_ Week # \_\_\_\_\_

Room/Cabin # \_\_\_\_\_

Reservation # \_\_\_\_\_

# FAMILY HEALTH FORM

## Montecito Sequoia Family Camp

*Separate Form per Family Residence*

To prepare for an enjoyable week together, the counselors need to be aware of any health conditions which might influence your SAFETY in participation in activities. **Parents will be asked to give more detailed information to the Primary Program Coordinator for the younger children at camp, as well as persons over 70 who may need special attention.** It should be understood that we are unable to provide one counselor for each child. If your child requires one-on-one supervision, parents will need to stay with the child during activities until the adjustment is made, or take their child with them.

The camp has a First Responder, on site for First Aid treatment. If medical advice is necessary, we will need to contact your family physician; *please bring their names and phone numbers with you.* **Make sure you bring your Health-Accident Insurance Information with you.**

Health and Accident Insurance with: \_\_\_\_\_ Policy ID # \_\_\_\_\_

Physician to be contacted for medical advice:

Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_ Emergency Phone: \_\_\_\_\_

Are immunizations for tetanus and polio current for ALL? \_\_\_ Yes; \_\_\_ No; Exceptions: \_\_\_\_\_

Please give us the following information. Use the space below to alert us to any significant medical conditions for each family member. Include such things as:

Non-swimmer _____	Allergy to bee stings _____	Medical or food allergies: _____
Epilepsy _____	Eye-Deafness considerations _____	Emotional conditions/medications: _____
Dyslexia _____	Learning Disabilities _____	Medications taken at camp _____
Diabetes _____	Special Handicaps _____	_____

We have many family reunions where names are similar. Each family needs to complete a separate form.

**IMPORTANT:** For your well being we need your family members approximate age, medical restrictions, current medications, and any information to make your family stay a healthy and safe one. **Please use FULL names**

Adult _____	Approx Age: _____	Current Illness/Meds: _____
Adult _____	Approx Age: _____	Current Illness/Meds: _____
Adult _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____
Child _____	Approx Age: _____	Current Illness/Meds: _____

On Monday at noon, the counseling staff meets with the First Responder and is briefed on important health information.

COMMENTS; Please add any comments they need to know:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Date Form Completed

\_\_\_\_\_  
Signature of Head of Household

\_\_\_\_\_  
Print Name

# VISITOR'S ACKNOWLEDGMENT OF RISK

## MONTECITO SEQUOIA FAMILY VACATION CAMP

Sequoia National Forest, California

### Please discuss with family before leaving home and present at check-in time

We (I), the undersigned adults and children, recognize the elements of risk and danger in any adventure, sport, activity, or outing associated with the outdoors in remote, unimproved, and mountain conditions such as Montecito Sequoia Camp. **We further agree to make ourselves aware of the risks and dangers of the over 40 camp activities and facilities including such things as:** Walking or Running on uneven Mountain Terrain, stair steps, Horseback Riding, Mt. Biking, Waterskiing, Swimming in pool and SPA, Lake swimming, Waterskiing, Boating, Sailing, Rock Climbing, Tennis, Volleyball, Trampoline, PLUS all or our 40 activities that are too numerous to mention. **Each member of the family agrees to exercise caution and good judgment as to the appropriateness of our family members to participate in any scheduled activities or "free time" activities we do on our own. If the Montecito staff needs to know of any special restrictions, we will notify the Program Director in writing which restrictions we need to apply.** We will also be cautious and will drive safely on the roads and be alert for wild animals, such as deer or chipmunks crossing the roads.

**We (I) understand that if we participate in Horseback Riding that there are special dangers because of the third party, the horse.** Horses are unpredictable by nature, strong, heavy and with minds of their own. Gentle horses, can on occasion, bite with their teeth, kick, strike with their front feet, bolt, run away, pull back, rear, buck, step on riders feet, throw their head high suddenly, or do a number of unexpected acts. Any of these actions may cause a rider to fall off or be injured either on foot or at the stables. These dangers affect novice as well as experienced riders and we (I) are prepared to exercise caution and accept full responsibility for any accidents which might occur while riding or at the stables. All parents will accompany all children to the stables during free time.

**We (I) agree to complete the Health Form carefully and give Montecito Sequoia written information, on arrival, of each family member's health condition of which the staff needs to be aware.** Because of our attention to safety and accident prevention, **we (I) agree to be careful ourselves, as Adults, and to supervise our children during unscheduled activity time.** This means that we (I) will take full responsibility for any and all accidents which might occur no matter what the cause. Because of our attention to safety, we do hereby release and agree to hold harmless and indemnify the Montecito Sequoia Camp, Inc. from any and all claims, actions, or damages - whether consisting of personal injury, property, vehicle damage, or death, that does or may result from our participation in any activities on or off the premises. We (I) further agree to accept financial responsibilities for any damages or expenses which may occur. **It is mutually agreed that if any complaints or disputes arise, that we are not able to resolve through personal discussion, we will seek a 3rd impartial party to try to work things out, and if needed we will seek a settlement through Arbitration under the rules of the State of California.** Knowing these risks and dangers, we (I) understand and accept the financial consequences of participating in all camp activities for each member of our family, as well as the dangers of just living in the out-of-doors.

We (I) further understand M-S staff reserves the right to refuse any person the right to participate in a supervised activity if they feel that any safety issues are involved. We (I) also agree to abide by the rules or instructions given to us either verbally or in writing by Montecito Sequoia staff. We also will make sure that our children do not swim, boat, ride or visit the horses, wade in the lake, and wander away without your supervision. If bringing firearms, we agree to have them kept in the Riflery Gun cabinet.

**We (I) give permission for any photographs and video tapes taken to be used by M-S unless I specify in writing, in advance, that I do not wish to be photographed.** Also, I will not hold Montecito Sequoia responsible for lost or misplaced personal items. We (I) understand that an **address list of campers** (excluding phone numbers) will be made available to families attending our week at camp, and to exclude our name from this lists we will notify the Los Altos office at least two weeks in advance. Also, if we do not hold a **Health and Accident** insurance policy, we will either arrange to purchase one through a Travel Agent, or we will give you a brief written statement as to how we would cover the costs of an accident, should one occur.

**We (I) have read, understand, and accept the terms and conditions stated herein** and acknowledge this agreement to be effective and binding upon us (me) during our stay at M-S. We have read the **cancellation policy** and understand the advanced notice required for Refunds. We (I) also have notified each family member that **illegal drugs** may not be brought to camp. Our signatures below indicate a full understanding and acceptance of the above Acknowledgement of Risk and Cancellation Policy. I (we) have read, discussed, accepted, and understand our financial responsibilities for any accidents should they occur.

\_\_\_\_\_  
**ADULTS:** Guest/Parent #1 Signature

\_\_\_\_\_  
Guest/Parent #2 Signature

\_\_\_\_\_  
Guest/Parent #3

One Form Per EACH Family Residence: Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Contact Email: \_\_\_\_\_

We (I) have read and explained the above SAFETY responsibilities to our School Age Children 18 and under as they apply to them. Their signature below indicates you have talked with them about your responsibilities during unsupervised time and their need for SAFETY PRECAUTIONS.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_ 20\_\_