

WELCOME 2012 KILT AND KILT PARENTS!

It is with great pleasure that we welcome you to the KILT Program for the 2012 Summer Session at Montecito Sequoia Lodge. If this will be your first year with us, we extend you a special welcome and look forward to working with you. If you are returning, we look forward to seeing and working with you again. We hope you take this opportunity to use this experience to further develop your leadership and social skills. Any experience you can get working with children before camp will be helpful. Although we know we will have lots of fun, we must also remember that above all the KILT Program is a valuable work experience to help you with future college and employment plans. We are committed to providing you with a fun, safe and valuable experience at Montecito.

IMPORTANT FORMS TO BE RETURNED

You will note on your KILT Statement that your session and financial details are posted. Please read this over carefully to be sure that everything is correct. Then, along with your parents read, sign, and mail back:

1. KILT Agreement
2. Acknowledgement of Risk
3. Health Form & Physician's Report
4. KILT Uniform Order
5. Transportation Service

All forms must be received no later than May 1st. We hope the following information will help you in finalizing your plans.

TRANSPORTATION & SATURDAY ARRIVALS

We prefer to have parents drive their KILT to Camp and pick them up at the end of each session, if possible. Why not make a regular overnight reservation with us for Saturday night, visit the Parks on Sunday morning and have your KILT check in at camp around 3:00pm on Sunday? This is when the staff comes back on duty after their day off and staff meetings. Remember that each **KILT Session begins at 3:00pm on a Sunday. KILTS ARRIVING ON SATURDAY MUST ARRANGE FOR THEIR ACCOMMODATIONS AND BE ACCOMPANIED BY A PARENT WHEN STAYING OVERNIGHT.**

Also, please note: KILTS MAY NOT DRIVE THEMSELVES TO CAMP. KILTS are not allowed access to any vehicles except on Montecito business with Montecito approved drivers. If there is no parent or guardian available to drive your KILT to camp, they may travel by train or airplane, and arrange for us to pick them up in Fresno, CA.

ARRIVAL - MEETING YOU IN FRESNO – Sunday best between 12:00pm and 2:00pm

If you want to meet us in Fresno, or have your KILT fly to Fresno, we will meet them at the "Airport Baggage Area." If you want them to come by AMTRAK, we will pick them up there too. Your KILT may have to wait an hour or two for our staff and you need to understand that they would be unattended during this time. This is an extra charge of \$30 per KILT.

DEPARTURE - TAKING YOUR KILT TO FRESNO – Saturday best after 1:00pm

We will plan to leave Camp to take the KILTS to Fresno on Saturday at around 11:00am, making arrival time at the Fresno Airport at around 12:30pm. We would like to coordinate departures from 1:00pm until around 2:00pm or 3:00pm if possible. This is an extra charge of \$30 per KILT.

Full payment will be charged automatically on May 1st, unless other arrangements are made. If sending a check, it has to be received no later than May 1st at Montecito Sequoia, ATTN: KILT Program. 2225 Grant Rd. Suite 1, Los Altos, CA 94024. Check payable to Montecito Sequoia Lodge. Please write on the check the KILT's reservation number and name. Feel free to contact us with any questions. We are counting the days until we return to the mountains!

Enclosures:

KILT Statement
KILT Agreement
Acknowledgement of Risk
Health Form & Physician's Report
Packing List
KILT Uniform Order
Transportation Service

Best Wishes,
KILT Coordinator
& Montecito Staff
Phone: 650-967-8612
Toll free: 800-227-9900
Fax: 650-967-0540

KILT PROGRAM 2012
KILT AGREEMENT

Before entering the KILT Program at Montecito Sequoia, we feel it is important that you have a clear understanding of the purposes and expectations of the program. This form has been prepared to review with you some of these responsibilities. Please read each item carefully before signing and return one copy indicating your understanding and acceptance of the program. Be sure that you have read the description of the KILT Program and that you fully understand the program.

Name	Address	City	State	Zip
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I UNDERSTAND AND AGREE THAT:

1. **Montecito Sequoia is a family camp and as such our primary goals are to help build family unity and help children to grow up to become happy and successful adults.** We strive to create an environment where each member of the family can have fun and ensure that the entire family leaves feeling refreshed. As a KILT, it will be your duty to do what you can to make sure that all of this happens.
2. **I have read the KILT Description and realize that I am a camper in a work learn training program and accept the program as outlined.**
3. As a participant in this program I will be assigned leadership work responsibilities, approximately 5-6 hours daily. These assignments are mandatory, and in addition to my leadership training and my participation in regular camp activities, evening programs, POW WOW, Special Events, Meals, KILT meetings, and the like. Failure to attend all activities will result in a warning, then revocation of free time and/or extra work, and ultimately greater consequences to be determined by the KILT Director.
4. Mandatory KILT meetings will be held on a regular basis to develop my leadership and activity skills. Often there will be preparation for these meetings which involve outside reading, written assignments, preparation of a KILT notebook and other academic assignments. Participation in the KILT meetings is required and considered vital to the leadership portion of the KILT Program.
5. **As a KILT, I will be strictly conscious of my cleanliness, neatness, and adhere to appropriateness of attire and grooming practices at all times.** Failure to do so will result in a warning, then revocation of free time and/or extra work.
6. As a KILT, the campers' needs and interests will come before my own – including before my activities, personal time with my friends, and at all times when in public areas such as the Lodge, Marmot Lodge, etc.
7. As a KILT, I will live in a cabin with the KILT Director or a KILT Counselor and be under his/her direct supervision. **Cabin Call (when KILTs are required to be IN their cabins) is at 10:30pm, and Lights Out is at 11:00pm.** Those in violation of these simple rules will be disciplined by the KILT Director, have their free time privileges revoked, and ultimately greater consequences will be applied to the situation as per the KILT Director and Camp Director.
8. Underage smoking, drinking of alcoholic beverages, and use of illegal drugs are prohibited by Federal and State Laws, as well as Montecito KILT regulations. Violation of any these laws will result in immediate expulsion from the KILT Program.
9. Requests for special days off to attend weddings, etc. will be arranged with the Camp Director before the opening of camp.
10. KILTs may only have visitors with parent's written permission, on Saturdays or Sundays. Advance arrangements must be made

with the KILT Director, and approved by the Camp Director. I understand that visitors must abide by all camp rules. The KILT Director can ask visitors to leave at any time. Any KILT visitor staying overnight at Montecito must be accompanied by an adult.

11. If I am being picked up or dropped off by MS staff at a location in Fresno as part of my transportation, I realize that I may have to wait at that location unattended for up to a few hours.

12. As a KILT, I agree to abide by the policies and regulations of Montecito Sequoia and to cooperate in all matters with the Camp Staff and Director.

13. As a KILT, I am beginning to assume many responsibilities similar to a counselor and will be expected by the staff and the guests to perform to the best of my ability at all times.

14. As a KILT, I will be involved in the regular program when not scheduled for work or training.

15. That Montecito Sequoia reserves the right to cancel this agreement and send the KILT home at the cost of the family for any of the following reasons:

- a.) Hazardous conditions beyond the control of the camp.
- b.) Inability to assume responsibilities as outlined in the KILT Trainee Program.
- c.) Unwillingness to abide by the camp or US Forest Service regulations.
- d.) Inability to maintain camp safety standards in working with campers.
- e.) Not fulfilling expectations of the responsibilities of the KILT Program.
- f.) Personal conduct inappropriate for a KILT, in or away from camp.

16. **I will plan to be in the program for the entire 3 weeks during the summer.** I understand that the tuition is \$1299.00 (\$433.00 per week) in 2012 for returning and new KILTs and cannot be prorated. Daily required KILT uniform is included in the rate: 3 daytime t-shirts, 1 nighttime t-shirt, and 1 sweatshirt.

17. I will pay my trading post account for charges and personal expenses when billed; either at time of departure or later when bill is provided. Parent and KILT should decide on the amount of spending money before coming to camp. It is understood there may be a charge for personal use of arts and crafts materials. There is no charge for horseback riding and water-skiing once or twice a week.

18. My parents will be notified by MS staff of any illness or accident when professional medical attention is needed or when I cannot participate in activities for 48 hours or more.

19. Only parents or an authorized representative will be allowed to pick up KILTs at end of session. Last minute authorization may be received by phone, email or fax.

20. I will enter into the KILT program with a positive attitude and be ready to have fun in our program as well as getting the benefit of leadership training. Having fun is important!!

Date _____

KILT's Signature

Date _____

Parent's or Guardian's Signature

KILT's ACKNOWLEDGMENT OF RISK – SUMMER 2012

KILT's & Parents need to read the following CAREFULLY before participating in activities

I, the undersigned KILT member, recognize the element of risk and danger in any adventure, sport, activity, or outing associated with the outdoors. **I am fully aware of the risks and dangers in horseback riding, waterskiing, swimming pool and SPA, boating, rock sliding, tennis, hiking, fencing, crafts, volleyball, vehicle travel on mountain roadways, and ALL OTHER activities and exposures offered at Montecito Sequoia.**

I understand that if I participate in horseback riding that there are special dangers because of the third party, the horse. **Horses are unpredictable by nature, strong, heavy and with minds of their own.** Gentle horses, can on occasion, bite with their teeth, kick, strike with their front feet, bolt, run away, pull back, rear, buck, step on riders feet, throw their head high suddenly, or do a number of unexpected acts. Any of these actions may cause a rider to fall off or be injured either on foot or at the stables. These dangers affect novice as well as experienced riders and I am prepared to accept full responsibility for any accidents which might occur while riding or at the stables.

I agree to take full responsibility for any and all accidents which might occur no matter what the cause. Knowing the above dangers, I accept full responsibility for the health and safety of myself. **I do hereby release and agree to hold harmless and indemnify and hold harmless Montecito Sequoia from any and all claims, actions, or damages without any limitation whatsoever, whether consisting of personal injury, property damage, or death, that does or may result from my participation in any activities, whether such injuries, discomfort or death is caused by their negligence or not.** I further agree to indemnify and hold harmless Montecito Sequoia from any damages or expenses which I may sustain as a result of any claim brought by me against them as a result of my participation in activities and residency at Montecito Sequoia. It is mutually agreed that if any complaints arise that disputes will be discussed and settled informally or settled by Arbitration under the rules of the State of California. I understand that these accidents are not considered to be work related.

Knowing these risks and dangers, I understand and accept the possible consequences of participating in such activities and living in the outdoors. I agree to complete the Health Form and give Montecito Sequoia written information, on arrival, of my true health condition.

I further understand MS staff reserves the right to refuse any person, for any reason, the right to participate in a supervised safety activity. I also agree to abide by the rules or instructions given to us either verbally or in writing by the Montecito Sequoia staff in charge. **As a KILT I agree to take full responsibility for practicing safety in all activities during free or unscheduled day or evening times.** I will make sure that I will not participate in guided activities unless the qualified counselor-in-charge is present. **This includes knowledge that swimming in the lake must be supervised by one of the waterfront staff who is on shore or in a boat Life Guarding.**

I give permission for any photographs and video tapes taken to be used by MS unless I specify in writing that I do not wish to be photographed.

I understand that an address list of campers (excluding phone numbers) will be made available to everyone during the same week. If I am invited to visit families AFTER camp, I will limit my stay to 2 or 3 days.

I further agree to show proof of health and accident insurance coverage for myself to cover costs of any accidents should they occur. I understand if I do not hold a regular health and accident insurance policy, that travel insurance is available for purchase through any Travel Agent. Give name and policy number of insurance carrier below. If for some reason, insurance does not cover my injuries, I will assume full responsibility for all expenses and costs connected with my injury.

Health/Accident Insurance - Name, Policy No. & Dates _____

I also understand and accept the restrictions on SMOKING, USE OF ILLEGAL DRUGS, AND DRINKING ALCOHOLIC BEVERAGES as agreed to in advance of my stay at Montecito Sequoia.

I further understand that all personal property is brought at my own risk and that Montecito Sequoia is not responsible for theft or damage to my personal property or belongings. I will not hold Montecito Sequoia responsible for lost or misplaced items.

In summary, I understand as a KILT participant in the variety of activities, chores, special KILT events SAFETY must be practiced at all times. I further agree to cooperate in carrying out instructions made by the staff at all time.

Our signatures below indicate a full understanding and acceptance of the above Acknowledgement of Risk. I have read, discussed, accepted, understood and agreed to the above.

KILT Signature _____

Date _____

Parent/Guardian Signature _____

Date _____

HEALTH HISTORY

Montecito Sequoia Family Vacation Camp

Complete this side PRIOR to Physician's Report

Name _____ Birthdate _____ Age _____

Address _____ Zip _____

In case of EMERGENCY notify: _____ Day Ph () _____

Address _____ Eve Ph () _____

Health/Accident Insurance with _____ Policy No. _____

ILLNESS: Please note approximate age you have had any of the following:

___ Chicken Pox ___ Measles(2 wk) ___ Rheumatic Fever ___ Measles (3 day) ___ Polio
___ Mumps ___ Pneumonia ___ Frequent colds ___ Other _____

OPERATIONS AND TRAUMA:

Operations & Fractures Type _____ Date _____; Type _____ Date _____

Comments: _____

MEDICAL CONDITIONS: Camp Nurse should be aware of:

___ Allergies: _____

___ Chronic colds ___ Athlete's Foot ___ Epilepsy ___ Diabetes ___ Headaches ___ Drug Abuse

___ Menstrual irregularities _____

Any reaction to high altitude? ___ No ___ Yes If Yes, Explain: _____

Have you been exposed to or had any infectious disease within the past four weeks?

___ No ___ Yes ___ If YES, please specify _____

EMOTIONAL CONDITIONS: Have you ever consulted a physician, psychiatrist, or psychologist concerning an emotional problem?

OR is there an emotional trait the camp medical staff should be aware of?

___ Yes ___ No If Yes, Please comment: _____

In signing this form, permission is hereby given to the Camp Director at Montecito Sequoia to handle emergencies in terms of their own best judgment, and authorizes hospitalization and medical care as deemed necessary. It is also understood that the camp will utilize Health and Accident insurance, where applicable, to cover special medical expenses should they occur.

NOTE: Other side to be completed by licensed M.D. or College Health Center

General comments (Attach separate sheet if needed) _____

Signature of Parent/Guardian*

Signature of Applicant

*Parental Signatures needed for KILTS or persons under 18 years of age.

PHYSICIAN'S REPORT

NOTE: To be completed by Physician or College Health Service prior to arrival at camp, OR, provide this information from a previous physical exam completed recently. Montecito Sequoia is in a very remote area. We need to have all the information required to provide safe and proper health treatment.

The purpose of this report is to ascertain whether you:

- a.) are in good health and can engage in strenuous activity at 7,500'
- b.) have a communicable disease that could be conveyed to others.
- c.) have a medical, physical, or emotional condition needing special attention by the camp nurse.
- d.) have special dietary requirements, prescription medications, or limiting physical conditions of which the camp should be aware.

Do you have any significant:

a. Medical conditions?	<u>No</u>	<u>Yes</u>	_____
			(List Rx Medications bringing to camp)
b. Physical conditions?	<u>No</u>	<u>Yes</u>	_____
			(List back, stomach, menstrual cramps, lung conditions)
c. Emotional conditions?	<u>No</u>	<u>Yes</u>	_____
			(List tears, anxieties, past treatment)
d. Communicable disease?	<u>No</u>	<u>Yes</u>	_____
			(Recent exposure, if any)
e. Allergic conditions?	<u>No</u>	<u>Yes</u>	_____
			(List allergy medication, treatment)

If more space is needed, continue description below or attach separate sheet: _____

List past serious injuries or illnesses: (Broken bones, Rheumatic Fever, etc. - See reverse side of form) _____

Do you have any Prescription medication to be taken while at camp? No Yes If YES, describe _____
Medicine/Dosage _____ Medicine/Dosage _____

Are IMMUNIZATIONS current? Polio: Yes No (Year) Measles: Yes No (Year)

Tetanus: Yes No Date of last tetanus booster _____

Blood type, if known _____

Is there any condition you feel would prevent the applicant from carrying on strenuous physical activity at 7,500'? Any limitations placed on any activity? No Yes If YES, explain _____

Are you the applicant's regular physician? Yes No

GENERAL COMMENTS: _____

PHYSICIAN'S NAME (Print) _____ Phone (____) _____

Address _____ City/Zip _____

Physician's Signature _____ Date _____

PACKING LIST

(Please give a copy of this form to the KILT DIRECTOR)

Please use this form as a **record of articles you are bringing to camp**. This list will be extremely valuable in seeing that all articles brought to camp get home again. Put this list inside suitcase or footlocker where it will not get lost, after packing is complete.

Please label everything!

Remember we're located at 7500' in the High Sierra, the days are warm and sunny (75°-80°) and the nights are usually cool – sometimes VERY COLD. We usually have a cold snap in each month - June, July and August.

During the daytime you will be wearing either a KILT shirt or clothing appropriate to your activity. In the evening for dinner, everyone changes clothing appropriate for the weather – pants or clean jeans rather than shorts or faded jeans, and a KILT night shirt. KILT shirts and casual pants or jeans are worn 2 or 3 nights per week and on Sundays.

Please **do not bring too many extras** as drawers and hanging space is limited in the cabins. There is space for each KILT to bring two suitcases or two large bags. You do not need new things, but **we do require that KILTS conform to good grooming practices**. Cleanliness, neatness and appropriateness of attire are the main requisite.

Inappropriate make-up, clothing or body piercing are not permitted. If you have any questions, please call us to discuss.

<u>Qty.</u>	<u>Description</u>	<u>Qty.</u>	<u>Description</u>
_____	Toiletry Bag with string to hang up	_____	Swimsuits – must be appropriate for working with small children
_____	Shorts – no shorter than 4 inches above the knee.	_____	Beach towel
_____	Pants (nice jeans or khakis) for dinner wear	_____	Bath towels
_____	Jeans - no old torn & faded jeans	_____	Wash cloths
_____	Pants for riding (horses, mountain bikes, etc.)	_____	Laundry bag with name
_____	Skirts – no shorten than 2 inches above the knee.	_____	Sunglasses
_____	Warm jacket	_____	Sunscreen
_____	Windbreaker lined & waterproofed preferred	_____	Sleeping Bag with liner
_____	Poncho or slicker for rain	_____	Slicker or ground cover
_____	Pullover shirts	_____	Travel Alarm Clock
_____	Colored sport shirts	_____	Sewing kit
_____	Sweatshirts	_____	Flashlight
_____	Sweaters (at least 1 extra warm)	_____	Wristwatch (inexpensive)
_____	Comfortable shoes (tennis/jogging)	_____	Camera (inexpensive)
_____	Sturdy shoes (hiking boots recommended)	_____	Bandana for riding
_____	Riding Boots or Cycling Shoes (optional)	_____	Suitcase or footlocker
_____	Strap sandals – thongs not recommended	_____	Journal and/or sketch book
_____	Socks (heavy)	_____	Bicycle or riding helmet (optional)
_____	Socks (lightweight)	_____	Tennis racket
_____	Toilet articles	_____	Musical instrument: _____
_____	Underwear	_____	Theatrical/skit costumes: _____
_____	Pajamas	_____	KILT short-sleeve t-shirt (3 required)
_____	Slippers	_____	KILT long-sleeve t-shirt (1 required)
_____	Bathrobe		

LAUNDRY: IMPORTANT - YOU'RE ON YOUR OWN HERE!

Laundry service (rough dry) is available but optional. Laundry is done approximately twice a week, but we cannot be responsible for damaged clothing, shrinkage or the washing of delicate clothing. Plan your amount of clothing based on your anticipated laundry plans. Wash & Wear or 50% cotton and 50% polyester materials are the best - they usually do not shrink or need ironing.

NOTE: It is requested that KILTS wear neat, clean pants or skirts (no shorter than 2 inches above the knee) for dinner in the evening to provide a "change of pace" from regular informal daytime wear. Clean, casual jeans or khakis are recommended. Remember that you will be wearing KILT shirts during the day and sometimes in the evenings; you will probably not need too many other shirt changes.

2012 KILT Uniform Order

Please fill out order & mark your size. Remember that 3 daytime t-shirts, 1 nighttime t-shirt, & 1 sweatshirt are included. Any more than that it's an extra charge.

KILT Name: _____

Qty.	Description	Unit Price	Small	Medium	Large	Xlarge	XXLarge
	Daytime t-shirt – short sleeve – minimum 3	\$7.00					
	Nighttime t-shirt – long sleeve – minimum 2	\$10.00					
	Hoodie Sweatshirt	\$15.00					

Subtotal _____

Tax
7.75% _____

Total _____

KILT & Parent Signatures

Transportation Service

Please let us know your transportation arrangements by filling out this form by checking (X) for your choice(s). *Keep in mind to schedule arrivals to Fresno on Sunday between 12-2pm and departures from Fresno on Saturday after 1pm.

Description	Price per KILT
<input type="checkbox"/> I will be arranging my own transportation to and from Montecito - No Transportation Service needed by Montecito Staff.	n/a
<input type="checkbox"/> I will need Transportation Service <u>From Fresno to Montecito.</u> * Pick me up from: (circle one) Airport Bus station Amtrak Arrival time: _____	\$30.00
<input type="checkbox"/> I will need Transportation Service <u>From Montecito to Fresno.</u> * Drop me off at: (circle one) Airport Bus station Amtrak Departure time: _____	\$30.00

Total _____

KILT & Parent Signatures